



# **Winter Preparedness**

Freight Guidance

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## **Preparing for winter**

In the run up to winter, the advice provided in the Freight Best Practice Scotland's Bad Weather Driving Guide may prove useful. In addition to this document, here are some hints and tips for keeping you and your vehicle safe in wintry conditions:

- check your tyre pressure and tread regularly, especially when temperatures start to drop. Cold winter temperatures will typically reduce your tyre pressure. (The minimum tread for tyres should be at least 5mm for winter.)
- consider fitting winter tyres, as they offer better traction and handling in a variety of winter conditions. They are specially made for driving in mud and snow and bear the marks M+S, M.S or M&S
- check charging of the battery and make battery tests, as cold weather starts make the vehicle battery work much harder
- make sure that your wiper blades are in good condition to fully clear your windscreen
- add anti-freeze to the radiator and winter additive to the windscreen washer bottles
- keep the windscreen, washers, mirrors and lights clean and clear of snow and ice
- clear all the snow and ice from your vehicle and trailer. This will help avoid sheets of ice flying off the vehicle and creating difficulties for vehicles behind

## Keep a winter kit for use in emergencies

- ice scraper, snow brush and de-icer
- torch and spare batteries
- warm clothes (including winter gloves)
- a blanket and suitable footwear
- first aid kit
- jump leads
- tow rope
- mobile phone charger
- food and a warm drink in a vacuum flask
- a shovel
- bag of sand
- sunglasses (the low winter sun, and glare off snow, can be dazzling)

## Winter planning guidelines for HGVs

#### Planning for severe weather

Severe weather is forecast, you should:

- keep a close eye on weather information specific to your routes (e.g. The Met Office http://www.metoffice.gov.uk)
- keep a close eye on current route conditions your vehicles will be using by consulting live traffic information (e.g. the Traffic Scotland website <a href="http://www.trafficscotland.org">http://www.trafficscotland.org</a> and their mobile applications. Please remember, do not use a mobile phone whilst driving)
- consider your upcoming logistical planning, loading of vehicles and estimated journey times, as these may need to be adapted if conditions deteriorate
- ensure all drivers and vehicles are suitably prepared, including fully charged mobile phones, prior to setting off

#### **During severe weather**

Routes are being affected, you should:

- continue to monitor weather information, route conditions and closures
- if a trunk road is closed avoid the location by:
  - choosing an alternative route
  - postponing your journey
  - o if on route, safely parking up
- the Traffic Customer Care Line operators have access to the Traffic Scotland Web Site
  and can provide this information over the phone to the caller. The Traffic Customer
  Care Line free-phone service can be contacted by calling 0800 028 1414. If calling
  from a mobile phone some networks may charge for this call
- seek and share feedback from drivers on road conditions and impact on journey times, adapt plans

### **Incident management**

In exceptional circumstances, if a blockage on the trunk road network occurs, you can expect the following:

- Police Scotland may request that you park your HGV. This is important as it will allow access for recovery vehicles, ploughs and gritters
- if a driver has a serious welfare issue they should dial 999
- for drivers, Police Scotland will manage the incident on the ground, including providing regular updates, e.g. anticipated length of the closure
- regular updates are available via Traffic Scotland (<a href="http://www.trafficscotland.org">http://www.trafficscotland.org</a>)
- heaviest loaded HGVs may be requested to leave first to help break up snow and ice.
   This will be coordinated by Police Scotland



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